

# **SECTION 10**

**HELP**

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## HELP

Consultation and participation are already well-established in many parts of the NSW health system, and you should consider drawing on the experience and expertise of your colleagues throughout the state when you are planning to consult the community.

You have heard at the workshop (see the program attached) from a number of Area Health Services presenting their case studies and analysing the associated issues. Rural Area Health Services have had a great deal of involvement over the past two years through the establishment of rural Health Councils. Other government and non-government organisations are also committed to consultation and participation, and may have information and insights relevant to your project.

Make contact with your colleagues by ringing other Areas and talking with the directors of planning, population health or the programs (eg drug and alcohol) relevant to your interests. The list below is by no means definitive, but is included to provide you with some indication of where useful advice may be obtained, to ensure that your consultation is successful.

### **MAJOR SERVICE CHANGES**

Central Sydney  
South Western Sydney  
Far West

### **HEALTH OUTCOMES**

Macquarie  
Southern  
Mid North Coast

### **PLANNING & POLICY**

Mid West  
Illawarra

### **MULTI-PURPOSE SERVICES**

Macquarie  
New England  
Northern Rivers

### **WOMEN'S HEALTH**

Central Sydney  
Illawarra

### **FALLS PREVENTION**

Northern Sydney

### **YOUTH HEALTH**

Illawarra  
Hunter

### **MENTAL HEALTH**

Western Sydney  
Mid North Coast  
Central Sydney

### **ABORIGINAL HEALTH**

Illawarra  
Far West  
Wentworth

### **PARENTING**

Southern

### **GENERAL PRACTITIONERS**

New England

### **MULTICULTURAL HEALTH**

South Western Sydney

### **SUN PROTECTION**

Central Coast